

Lunch Menu

10.00 - 15.00 BREAKFAST & LUNCH MENU Choose A Full Breakfast & Get A Free Hot Drink

Full English Breakfast

Two free range eggs, grilled cumberland sausages, grilled bacon, grilled plum tomato, chestnut mushrooms, malted toast, hash browns & baked beans

Halal Full English Breakfast

Two free range eggs, halal sausages, turkey bacon, hash browns, grilled plum tomato, chestnut mushrooms, malted toast & baked beans

Full Vegetarian Breakfast

Two free range eggs, grilled plum tomato, chestnut mushrooms, vegetarian sausages avocado, malted toast, hash browns & baked beans

Scrambled Eggs

Three free range scrambled eggs, chestnut mushrooms, malted toast

Mushroom Omelette

Three eggs omelette with mushrooms, cheddar cheese, fries & mixed leaves

Bacon Bap

Grilled bacon in a brioche bap

Sausage Bap

Grilled cumberland sausages in a brioche bap

Bacon & Egg Bap

Grilled bacon and fried egg in a brioche bap

Eggs Benedict

Grilled traditional english breakfast muffin, two poached eggs, slices of honey roast ham & hollandaise sauce

Eggs Florentine

Grilled traditional english breakfast muffin, two poached eggs, baby spinach & hollandaise sauce

Grilled Sourdough & Avocado

Toasted sourdough bread with crushed avocado & two poached eggs

SANDWICHES & WRAPS (10.00 - 15.00)

Bacon, Lettuce & Tomato

Crispy bacon, lettuce, tomato, ketchup & fries

Breaded Fish Fingers

Three fish fingers, tartar sauce, lettuce & fries

Tuna Melted

Tuna mayo, cheddar cheese and fries

Crispy Halloumi

Fried halloumi, mixed leaves, sweet chilli sauce and fries

Chicken, Bacon & Avocado

Bacon, chicken, crushed avocado, mixed leaves and fries

The Club

Triple decker chicken sandwich, bacon, fried egg, tomato, garlic mayo, lettuce on white bread & fries

Beef Baguette

Grilled seeded brown baguette with roast beef, cheese, aioli, avocado mayonnaise, lettuce, tomato & fries

13.5

15.5

12.9

6.95

8.95

5

6.95

5.95

9.5

8.9

8.5

8.95

8.95

9.95

8.95

9.95

12.95

12.95



Food Menu

SUNDAY'S ONLY

FROM 12PM

SUNDAY ROAST MENU

Roast Fore Rib Of Beef Aged 21 Days	24
or	
Roast Corn - Fed Chicken	20

Our Premium Roast is Served with

A selection of green vegetables, roasted root vegetables, roast maris piper potatoes with thyme, rosemary & garlic, cauliflower cheese & yorkshire pudding & gravy



LOCATIONS:

020 8567 3819

84 Uxbridge Rd, London, W13 8RA

020 8977 3909

69-71 High St, Teddington, TW11 8HA



thecastlebar.uk
thecastlebar_teddington



VEGETARIAN TAPAS

- Quesadilla De Vegetables

Traditional mexican grilled vegetables quesadilla with cheese & Pico de Gallo salsa

Padron Peppers

Sautéed galician padron peppers

Patatas Bravas Con Aioli

Roasted diced potatoes with spicy brava sauce & alioli

Pinchos De Queso

Crispy halloumi skewers with zucchini & pea salad

Croqueta De Espinaca Y Queso De Cabra

Spinach & goat cheese croquettes

Bombas De Queso

Cheese bombs served with chick fil a sauce

6.95

9.5

6.5

7.7

8.75

7.75

MEAT TAPAS

- Quesadilla De Pollo

Traditional spiced chicken quesadilla with cheese & pico de gallo salsa

Croquetas De Jamon Con Cebolla Caramelizada

Spanish ham croquettes with caramelized onions

Chorizo A La Sidra

Chorizo cooked in cider with grilled slice of baguette

Albondigas De Carne

Beef meatballs in spicy tomato sauce & toasted baguette

9.75

8.9

8.8

8.9

FISH TAPAS

- Fish Croquettes

Monkfish & prawns croquettes with cucumber, gherkin & dill salsa

Boquerones Crocantes

Crispy whitebaits with tartare sauce & lemon

Calamares A La Andaluza

Deep fried squid, andalucía style

Camarones Apanados

Prawns battered in golden tempura batter with sweet chilli sauce

9.75

9.65

9.5

10.9

MAIN COURSE

- Chicken Fajitas / Steak Fajitas

Sizzling chicken or beef, mixed spicy peppers, onions, wrap, guacamole, sour cream, cheddar cheese, tomato salsa

Mexican Chicken Kebab

Spiced mexican chicken kebab, grilled flat bread with avocado, cucumber, olives, tomato, lettuce salad & chipotle sauce

The Castlebar Chicken Salad

Grilled lemon & garlic chicken breast, bacon, with poached egg, mixed seeds

Grilled Rib-Eye Steak

Marinate rib-eye with chipotle & honey, served with chips & mixed salad

Golden Beer Battered Cod Fillet

Served with chunky chips, mushy pea & tartare sauce

Seafood Linguine

Linguine pasta in a spicy tomato sauce with prawns, calamari, clams & mussels

Tossed Salad With Tuna

Tuna chunk served with mixed leaves, black olives, new potatoes, poach egg, fine beans & cherry tomatoes

Spicy Jack Daniel's Pork Ribs

Two marinated pork ribs with Jack Daniel's & smoky home-made BBQ sauce, served grilled corn on the cob, chips & mixed leaves

Spicy 1/2 Roast Chicken

Served with spicy saffron rice & mixed leaves

16.95/23

16.95

13.95

23.6

17.95

16.95

13.5

17

16.95

BURGERS

- The Castlebar Lamb Burger

Lamb burger served with chunky chips, tzatziki, hummus, beef tomato & lettuce

Rodeo Chargrilled Chicken Burger

Marinate grilled chicken, melted applewood cheese, bacon, BBQ sauce, lettuce, onion rings, beef tomato & triple cooked chips & mayo

Breaded Chicken Burger

Lemon & garlic breaded chicken breast burger, mayonnaise, smoked applewood cheese, ham, lettuce, beef tomato & triple cooked chips

The Big Blue

Beef burger served with crispy bacon, blue cheese, gherkins, beef tomato, lettuce, triple cooked chips, burger sauce & onion rings

The Monterey Jack Flaming Beef Burger

Beef burger served with crispy bacon, spicy monterey cheese, jalapeños, beef tomato, lettuce, triple cooked chips, sour cream & onion rings

American Style Beef Burger

Beef burger served with crispy bacon, smoked cheese, gherkins, fried egg, lettuce, beef tomato, grilled onions, triple cooked chips, mayonnaise & cheese sauce

Fish Burger

Breaded cod & salmon filled with tartare sauce, lettuce, beef tomato, cheese & triple cooked chips

16.95

14.95

16

17.25

16.95

17.95

17.50

SIDE ORDERS

- French Fries

4.5

Sautéed Spinach

5

Chunky Chips

5

Marinated Mixed Gordal & Kalamata Olives & Sun-Dried Tomato

5

Sweet Potato Fries

6.5

Mixed Salad

5.5

SAUCES £1 Chipotle, Sweet Chilli, Garlic Mayo, Tartar Sauce, BBQ Sauce, Hot Chilli

SHARING

- Garlic Chicken Goujons

Succulent chicken breast pane' in japanese breadcrumbs

BBQ Chicken Wings

Choose from: Spicy BBQ or BBQ

Grilled Pitta Bread & Hummus

Grilled pitta bread with toasted sesame seed hummus

Crispy Homemade Tri - Colour Nachos

Homemade nachos served with mexican salsa guacamole & sour cream
Add chicken tinga just for extra £3

Loaded Fries

Golden fries, topped with melted cheese, texas chicken, garlic mayo, pico de gallo, jalapeños & lime

Beef Loaded Fries

Golden fries, topped with melted cheese, avocado mayonnaise, beef strips, garlic mayo, pico de gallo, jalapeños & lime.

Baked Feta Cheese

Served with marinated olives, grilled pitta bread

6 pieces 8.95
10 pieces 13.95
14 pieces 18.95

8.50

6.45

8.95

10.95

12.25

DESSERTS

- Churros With Chocolate Sauce & Strawberries

Churros dusted in cinnamon sugar with warm chocolate sauce

Warm Chocolate Fondant

Baked soft chocolate fondant with Carte D'or Vanilla ice cream

Apple Tarte Tatin

Apple, sultana & cinnamon tarte tatin with salted caramel ice cream & caramel sauce

Sticky Toffee Pudding

Served with salted caramel ice cream & toffee sauce

Ice Cream Selection

With Strawberries & Chocolate Sauce

Choose Between:
Vanilla, Chocolate, Salted Caramel or Raspberry sorbet

FOOD ALLERGIES & INTOLERANCES

Please speak to our staff about the ingredients in your meal

Be aware that all our dishes are prepared in a kitchen where nuts & gluten are present as well as other allergens, we cannot guarantee that any items is completely free from allergens.